



DOUGLAS PARK SOCCER CLUB

FALL 2010

Welcome to the 2010/11 Season!

Welcome back to our returning players and a special welcome to all the new players - we have many this season which is great! We are looking forward to sharing another great soccer season with you and your families.

Head Coaches' Message Supporting Our Coaches

Douglas Park Soccer Club recognizes that supporting coaches is important and we are striving to do our best to achieve this by assisting all coaches to learn and develop. Part of this development happens on the field and part of it in the classroom. We hope coaches will take advantage of the training and resources that are available to them as Douglas Park Soccer Club coaches.

Classroom Training

Over the summer, Douglas Park Soccer hosted the **Community Coach Youth** Course and the **Community Coach Senior** Course. Over the next few weeks we are hosting the **Grassroots Development** Course and the **Community Coach Children's** Course for all the new and seasoned mini (U6-U10) Club coaches. We encourage all mini coaches to sign up and attend to brush up on their skills and get coaching tips and ideas for the new season.

On-Field Training

I know everyone is extremely busy, but I want to invite all coaches to attend a monthly **On-Field Coaching Session**. This will be held every 3rd Monday of the Month at Oak Park (59th and Oak) from 7.30-9pm. We will look at various coaching technical and tactical drills to further assist all of our coaches. These will all be practical sessions, so please be prepared with warm clothing and your soccer cleats. The monthly topic will be emailed to all coaches in advance and coaches can decide which ones may be relevant to them. This gives us an opportunity to learn from each other.

Fall Coach Development Dates

Grassroots Development Course – Saturday September 11th 12:30-3:30pm
at Douglas Park Community Centre

Community Coach Children's Course – Sunday September 12th 9:00am –
5:00pm at Douglas Park Community Centre

Monthly On-Field coaching Session - Every 3rd Monday 7:30-9pm - First
Session September 20 at Oak Park

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When I can, I attend other coaches practices and games to affirm what I am doing is on the right track (or the realization that I may be off track), to pick up new ideas, and to look at coaching styles; what may work for one age group, boys or girls, may not work for another. I look forward to seeing as many coaches as possible throughout the season. I am in the process of putting together a DPSC soccer library of video links, web information and coaching related articles (for all ages) to further assist our coaches and will keep you updated on this.

I thank all coaches for their valuable time and commitment that you give to all the players at Douglas Park. Without you, the players would not be able to play and enjoy this beautiful game.

Steve Weston
Head Coach
Douglas Park Soccer Club

Player of the Year Awards 2009/10

Congratulations to the DPSC players of the year for 2009/10 who will each receive a plaque and \$250 at the Sharing the Wealth festival on September 19th.

Girls player of the year - **BEATRICE HENSHAW**

Boys player of the year - **JAKE LAW**

Sharing Our Wealth Festival at Douglas Park September 19th 12-4

Free entertainment, carnival games, silent auction, community displays and of course the traditional **Douglas Park Soccer Club Parade** around the park! Stay tuned for more information on how you and your team can participate in the fun this year.

Kudos to...

Two Douglas Park Girls Selected for U16 Metro

Congratulations to Natalia Kambe and Emily Russell, who were selected to the Vancouver Metro Girls U16 squad for the forthcoming season. Natalia played for Douglas Park for the past two seasons, since joining us from Burnaby Gold. Emily has played at Douglas Park since starting her soccer career in our House program. Both played for the U15 Pumas at Silver 1 this past season. We wish them well!

Congratulations to the Douglas Park Roadrunners - U12 BCCGSL Gold Cup Finalists

At the end of last season, Douglas Park's own Roadrunners were beaten by Burnaby Girls Panthers in the penalty shootout in the U12 Final on March 28th 2010, after carrying a 1-0 lead through much of regulation time. Burnaby scored from a corner kick, late in the second half, and the game remained deadlocked through extra time. Then the heartbreak of the penalty shoot out, with Burnaby taking it on their fifth kick. Well done to all the players, as well as the coaches, Kevin and Zenas.



Fall Calendar of Events

DATES FOR FALL 2010

Tuesday September 7	Pre-Season Training Boys U8-U10 DPK East	U8-U9: 5-615pm U10: 630-730pm
Wednesday September 8	Pre-Season Training Girls U8-U10 DPK East	U8-U9: 5-615pm U10: 630-730pm
Saturday September 11	Divisional (U11-U18) Official Season Start	
Tuesday September 14	Pre-Season Training Boys U8-U10 DPK East	U8-U9: 5-615pm U10: 630-730pm
Wednesday September 15	Pre-Season Training Girls U8-U10 DPK East	U8-U9: 5-615pm U10: 630-730pm
Sunday September 19	Sharing Our Wealth Festival	12-4pm
Saturday September 25	House (U6-U10) Official Season Start	
Sunday October 3	Photo Day	TBA

DATES FOR COACHES AND MANAGERS

Thursday September 9	Divisional (U11- U18) Coaches/Managers Meeting	630-8pm
Thursday September 9	Divisional Uniform/Equipment Distribution	8-930pm
Saturday September 11	Grass Roots Development Coaching Course	1230-330pm
Sunday September 12	Children's Community Coaching Course	9am-5pm
Thursday September 16	House (U6-U10) Coaches/Managers Meeting	730-9pm
Saturday September 18	House (U6-U10) Uniform/Equipment Distribution	1230-330pm



Volunteer for YOUR Club in 2010/11

Thank you to everyone who has and will be volunteering their time this season. Douglas Park Soccer Club is almost exclusively run by volunteers. It is only through the work and dedication of volunteer coaches, managers, coordinators, and many other positions, that the club can be vibrant, progressive and ultimately successful. All members are encouraged to step forward to fill important roles within the club. The Club is looking to fill the following positions for 2010/11. Please contact Kim if you are interested in volunteering at admin@douglasparksoccer.ca.

FIELD LINING

Arranges for home fields (including alternates) to be lined each week. Orders paint. Has a budget to hire help. Usually done each Friday afternoon or early Saturday.

OUTDOOR EQUIPMENT MANAGER

Carries out inventory of outdoor equipment (nets, flags, field whitener etc.), and maintains inventory throughout season. Ensures outdoor equipment locker is kept tidy. Requests replacement equipment when required.

'SHARING OUR WEALTH' VOLUNTEERS

This years' festival falls on Sunday September 19th from 12-4pm. Come lend a hand for a few hours and then enjoy the festival.

UNIFORM and EQUIPMENT DISTRIBUTION VOLUNTEERS

Thursday, Sept 9th (6:30 to 9:30) and Saturday, Sept 18th (11:30-3:30). Please contact Hilary Montroy randhill@telus.net if you can help out for a few hours on one of these days.

PHOTO DAY VOLUNTEERS

Photo Day will be Sunday October 3rd. Please contact Kim admin@douglasparksoccer.ca if you would like to help out on the day.

Equipment and Uniform Distribution for Managers/Coaches

HOUSE (U6-U10) UNIFORM AND EQUIPMENT DISTRIBUTION

Date: **Saturday September 18th**

Time: **12:30 – 3:30pm**

Location: **Douglas Park Community Centre, Unicorn room**

Please send one coach or manager from your team.

DIVISIONAL (U11-U18) UNIFORM AND EQUIPMENT DISTRIBUTION

Date: **Thursday September 9th**

Time: **8-930pm**

Location: **Douglas Park Community Centre, Douglas Lounge**

Questions? Please contact the Uniform and Equipment Manager:

Hilary Montroy

604-325-2101

randhill@telus.net

