

# Douglas Park Soccer Club Newsletter

September 2004

## Soccer Kick-off at Share Our Wealth – September 19

Once again the Douglas Park Soccer season will officially Kick-off at the Share Our Wealth Festival – this year on Sunday, September 19.

- 11:30 AM -- Players should come in uniform and meet their teams
- 11:45 AM – Listen for the rallying call
- Noon – There will be brief ceremony at the main stage to present awards and welcome all players to the season – immediately followed by the traditional parade around the field

Then players can have the speed of their kick measured by a radar gun; enjoy the fun and activities of the Share Our Wealth Festival. Please watch for more details via your team coaches and managers.

## Club Website

[www.douglasparksoccer.ca](http://www.douglasparksoccer.ca)

## Welcome to the 2004-5 Soccer Season

Fall is in the air and it feels right that the soccer season should be underway. Thanks to the success of our registration drive in June we are more organized than has usually been the case at the end of August and are eagerly awaiting the game schedule!

In June the club selected the name “Rangers” for use as a common name for divisional teams. Over the next couple of years the name “Douglas Park Rangers” will be phased in and provide a club identity for Douglas Park teams as they play across the various leagues. Thanks to all who provided suggestions – there were many great ideas put forward.

We are delighted to announce that as of this season Douglas Park has a men’s team playing under its banner. We look forward to this pool of adult players taking a role in the development of the club – as well as providing an example of the opportunity to embrace soccer as a life-long sport.

As the season starts it useful to remember the reasons we exist as an organization. As stated in the DPSC Manual: “The goals of the Douglas Park Soccer Club are to provide opportunities for children to enjoy playing soccer and to develop as players. We aim to accomplish these goals by providing our youth a chance to learn the game of soccer in a positive, fun and encouraging environment and to promote the concepts of “active living” and “sport for life.” Have a great season!!

## *New Mentoring Program for DP Soccer*

Last year we tried a small experiment of having some of the U13 girls help out at practices for the U7 girls. It was a very positive experience for both ages of players and the coaches. This year coaches and players (must be at least U13) can register with Shahira Clemens to be matched up for mentoring. The mentoring player could be earning needed volunteer hours (a requirement in many high school programs) and could be helpful in demonstrating many of the skills and attitudes that the coach would like to develop in the younger age group. If you are a coach or a player interested in being involved in this program, email Shahira at [sheclemens@shaw.ca](mailto:sheclemens@shaw.ca).

## **COACHING NEWS**

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### **All DPSC Coaches are invited to attend upcoming Coaching Clinics**

Sunday, Sept 12 Douglas Park Soccer Club Coaching Clinics—led by Jamie Booth, DPSC Head Coach  
Outside at Douglas Park—wear your cleats/bring a water bottle

- 9:30-11:30am For Coaches of kids U6-U9
- 12:00-2:00 pm For Coaches of kids U10-U12

### **Online Coaching Practice Plans/Coaching Resources—Tony Waiter's Byte Size Soccer Program**

Douglas Park has purchased a customized version of Tony Waiter's online coaching program. This means our coaches have access to a website which offers 12 weeks worth of practice plans for each age group U6-11. Each practice plan has four parts (warm up, drills, etc) including illustrations of how to set up the field and run the drills. These materials can be accessed with our club's ID and password which coaches can obtain from their coordinators. We anticipate that the curriculum will form the basis of a standardized set of skills that each player would acquire as he/she progresses through the age groups at Douglas Park.

### **New Technical Director**

Our club has appointed Brendan Quarry to be our Technical Director. The purpose of this position is to provide leadership for our coaches and player development programs. The Technical Director will be involved in developing coaching resources, resolving technical disputes, supervising the Head Coach, and resolving issues in divisional team formation. He will also chair a committee to review applications and select coaches for Divisional Teams.

### **Douglas Park Soccer Club's New Head Coach—Jamie Booth**

Jamie comes to us with more than 10 years of professional soccer coaching experience including five years at Total Soccer Systems in Richmond where he developed curriculums for U6-U12 and was a staff coach. He has coached for BC Soccer (a provincial U14B team) and has coached players of all ages from mini soccer to provincial U14 and U18 champions. Most recently Jamie has coached teams and delivered player development sessions for Pt Grey Soccer where he has received good recommendations by the Pt Grey Head Coach. We hope that Jamie will help us forge good relationships for partnering player development sessions with the other Westside clubs while at the same time helping to build community in our own club. Jamie has a background in Human Kinetics from UBC and also has experience with the VSB as a special education assistant. He is passionate about soccer and brings huge energy to our club. Jamie can be contacted at 604 418 3337 or email him at [dpsheadcoach@aol.com](mailto:dpsheadcoach@aol.com).

#### **What will the Head Coach Do at DP?**

The overall goal of the Head Coach is to encourage and facilitate player, team, coach, and Club development. He will provide club-paid training to teams and additional user-pay player development sessions for individuals and any teams that want them. Jamie will also be attending some games on Saturdays and Sundays to get to know our players and coaches and to offer feedback for coaches.

#### **Team Visits by Age Group**

In the fall, Jamie will be delivering club-paid programs for our players. The plan is to offer age-group sessions with two or three teams attending a session (depending on the team sizes). He has hired two coaches to assist him so that the three of them can offer the age-group sessions as early as possible in the season. This will help to give teams some extra support and practice to get the season off to a great start. In some cases the time of these sessions will not coincide with team practice times – we ask your cooperation in making special arrangements to have your player attend these special sessions.

## ***PLAYER DEVELOPMENT TRAINING OPTIONS***

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Kids who are keen on developing their soccer skills may want to attend more than a team practice and game each week. Many training programs are available for keen players. Below are some local options for additional weekly soccer training:

### ***Douglas Park Soccer Goalkeeper Training***

Our club will be running a goalkeeper training program beginning in the last week of September. Two sessions will be offered at Braemar Park (Laurel & 27<sup>th</sup>): one on Saturday mornings and one on Sunday mornings. The cost of the program will be \$60 (after a club subsidy). Professional, qualified goalkeeper coaches will be provided and group size will be limited to 12 kids per coach. The time of the sessions are still TBA but will be in the morning. Register at Douglas Park Community Centre.

### ***Westside Soccer Player Development*** (Vancouver)

DP Soccer players are invited to attend sessions to be put on by the Head Coaches of Douglas Park, Dunbar, and Point Grey. Called Westside Soccer Player Development, this program will run two nine-week sessions (fall and winter). The joint approach allows players to be grouped according to ability and brings together amazing coaching talent.

Boys will attend Monday nights and girls on Friday nights. U9-U13 pay \$80 for a nine-week session of 75 minutes per week, and a one-time kit fee (training gear) of \$40. The location of the sessions is TBA, pending field allocation. Check our website [douglasparksoccer.ca](http://douglasparksoccer.ca) for an update on location. For more information about this program, contact our Head Coach, Jamie Booth at [dpsheadcoach@aol.com](mailto:dpsheadcoach@aol.com) or (604) 418-3337.

Douglas Park players can **register for WSPD at Douglas Park Community Centre between Sept 3 and Sept 17**. The Registration forms will be circulated to all teams by email, mailed with this newsletter and available at Douglas Park Community Centre. Registration for this program closes Sept. 17 or whenever the spaces are filled – register early to get a spot. Bring a completed form when you go to register at DPCC. You can pay with Visa, cash, or cheque. Make your cheque payable to Douglas Park Community Centre.

### ***Adam Plummer Speed Training at Douglas Park***

This fall Adam will be bringing his intensive program to DP on Wednesdays. 9-13yr attend 4:00-5:00; 13 yr and up attend 5:00-6:00 on the East field of DP. Register at Douglas Park Community Centre. He also delivers programs on other days at UBC. This program is for the older player who is keen to develop proper running technique, speed and agility on the pitch.

### ***Total Soccer Systems*** (Richmond)

Total Soccer Systems (also known as TSS) runs a year-round (ten month) academy program for active, competitive players aged 7 and up. Participants pay a registration fee of \$85-107 then monthly fees of \$65-85 for weekly 1.5 hour-sessions Sept-June. Goalkeeper programs are \$128 to register (kit fee) and \$95 per month. Total Soccer Systems offers some sessions at Eric Hamber on Friday nights 6:30-8:00 for 93, 94, 95 girls, otherwise, training is offered on various days at Sportstown BC, their indoor facility at Shell Road and No. 4 Road, just east of Highway 99. For more information on their program, go to: [www.totalsoccersystems.com](http://www.totalsoccersystems.com) or call (604) 273 7366.

### ***Roman Tulis European Soccer School of Excellence*** (Burnaby)

Committed players can tryout for a spot in either the Junior Program (6-12yr) or Excellence Program (10-18) at Roman Tulis. A ten-month program with intensive twice weekly 90-minute training sessions run at a facility near Highway 1 and the Kensington Exit. For information check [www.romantulis.com](http://www.romantulis.com). For a tryout or information on the cost of the program, contact [admin@romantulis.com](mailto:admin@romantulis.com) or call 604 937 0500.

### ***Whitecaps Academy*** (Burnaby)

The Whitecaps Football Club will be running a ten month player development academy. Girls sessions are on Saturdays, boys on Sundays. The program will begin at BCIT in September then move to the Whitecaps' new training facility at SFU when it is completed. Participants pay a kit fee (training gear) of \$100 and \$275 for the first 14-week session. Players train once a week for 90minutes. Players must apply for spots. U14-17 is aimed at the gold and metro level player, U12, 13 for gold level players and U9-11 is based on evaluations. For more information, look at [www.whitecapsfc.com/academy.htm](http://www.whitecapsfc.com/academy.htm) or call (604) 669 9283.

## ***Being Role Models of Good Sportsmanship***

People in our community are proud of being part of Douglas Park Soccer, thanks to the efforts of parents, coaches, managers and players in modeling good sportsmanship. Thank you for encouraging your teams to be models of good behaviour on the field.

## **How not to embarrass your kids! Important information for parents on the sidelines.**

**(from Haydn Pritchard, U17 Boys Coach and experienced soccer participant)**

As we go into competition in our house or divisional leagues, our passion for the game will be self evident. Whether you are an experienced soccer player and/or spectator or whether you are a novice to soccer, I am sure we will all have a great time watching our kids play and learn more about the game and themselves. I wish, however, to remind us all about the role of parents in supporting our children from the sidelines. **It is very important that you all are noisy!** Positive encouragement of the whole team as well as your own offspring is actively encouraged by our club. I am sure I do not need to remind you that only positive comments should be heard from the sidelines. Just one, flippant or critical comment to a player can undermine his or her confidence and degrade the wonderful learning opportunities that the Douglas Park Soccer has provided. Likewise, let the coaches do the coaching! It is simply distracting when a player get instructions from both a parent and from his/her coach – which one should they follow? In reality, our kids have a wonderful ability to “tune out” their own parents. Nevertheless, this is an important issue and we ask that you all think carefully about the words you use on the sidelines. This also applies to comments to the referees – they are also continuing to learn the game and need our support. Negative comments to the ref reflect poorly on our teams and set a poor example for our players – remember ‘what kids see, kids do’. We are not expecting any problems in this regards but it is customary to remind parent groups of this responsibility. If, however, you have any concerns, please address these with your coach or coordinator and they will broker a resolution. At the end of the day, let’s applaud the efforts of ALL of the players. They will make mistakes – as would you – and that is part of learning the game.

## ***Avoiding Costly Fines***

The Club asks for your cooperation in helping reduce the amount we are charged in fines by the league for various infractions of league rules. These fines for divisional teams (U12 and up) include:

- Absence of field necessities such as corner flags, goal nets, or field lining -- \$25 each
- Absence of soccer ID cards or team list at the game -- \$25 each
- persistent verbal abuse of a game official -- \$50
- threat of physical abuse of an official -- \$500
- violations of field closures -- \$50
- absence of an assistant referee for U16-18 games -- \$40 fine

Repeat offences escalate the amount fined.

## ***ACHIEVEMENTS TO CELEBRATE!***

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### **2003-4 Club Awards**

The following club awards will be presented September 19 at the Soccer Kick-off/Share Our Wealth:

The **Many Vartnou Scholarship** for \$200 is awarded to a player on a high level divisional team who shows exceptional skill and attitude. This scholarship was created in honour of Many Vartnou, Douglas Park coach for many years, who took his team to the Provincial championships a couple of times. Recipient for 03/04 season is Geoffrey Stoakes (United U13 Gold).

The **Paul O'Duffy-Brennan Memorial Trophy** is awarded to a team with the best win/loss record. The 2003-4 recipient is the U13 Boys Rio (Bronze) who were successful in reaching the final of the Burrard Cup.

### **Team News from 2003/4 Season**

(not in the least inclusive of all the big news—just what we've been made aware of!)

U12 Girls had a great season:

- DP Canucks U12 girls won the 8/side championship for the VRGSA "B" group and the wrap up tournament in their division.
- DP Tigers U12 girls lost the VRGSA "C" group championship in a hard fought game that ended in penalty kicks.
- D.P. United U12 girls (11/side team) won the Vancouver Exhibition League Silver A championship.

U13 Boys updates:

- DP Rio U13 boys made it to the final of the 4 District Burrard Cup last March – in spite of a loss in the final game it was a very successful season for the team.
- [DP United U13 boys team won their grouping at the 2004 South Burnaby Metro Club Soccer Tournament](#). This was a really positive way for the DP United U13 gold team to wrap-up their year.
- DP will have a single Silver team this year at U14 boys, because of fewer players returning (last year it was a Bronze & Gold team at U13). However, several of last years U13 gold team players have moved on to other competitive teams, three players to Vancouver Selects B team, 2 players to other gold teams. The remaining are playing at DP in Silver. DP also had two players representing the Vancouver / North Shore District 5 at the BC Summer Games.

DP Evil Kneivls U12 boys won their group playing 11/side at the 2004 South Burnaby Metro Club Soccer Tournament. This team, including U12 players from other DP teams, was delighted to do so well after playing 8/side all through the regular season.

**Thank you to the Volunteers who make  
Douglas Park Soccer happen!**

**JUNE REGISTRATION  
PUSH A HUGE  
SUCCESS!**

Early September has always been a wild time for the soccer club as we try to get everything organized in the course of a couple of weeks (registration through kids on the field). Due to the cooperation of many Douglas Park soccer families in registering by June 30 we had 95% of the players registered before summer. This has enabled age group coordinators to organize teams over the summer and as a result we're organized and ready early for the season to start!

**Teams for 2004/5:**

	<b><i>Girls</i></b>	<b><i>Boys</i></b>
U7	2	6 or 7
U8	3	6
U9	2	6
U10	3	4
U11	2	4
U12	4 (gold, 3 balanced)	3 (gold 2, silver 2, silver 3)
U13	3 (gold, silver A, silver B)	2 (silver 1, bronze 1)
U14	2 (metro, gold)	1 (silver 2)
U15		1 (silver 2)
U17		1 (gold 2)

**Here's hoping for a season with many touches on the ball, much laughter and fun, and much joy of competition - Have a great season!**